

Remote Patient Monitoring and Chronic Care Management

Remote Patient Monitoring (RPM) and Chronic Care Management (CCM) are programs designed to provide care to patients outside of the traditional office visits. However, they are distinct programs with different requirements and advantages.

Because they use different CPT® codes and are designed to be complementary, a patient can be eligible for both. However, the same caregiver minutes cannot apply to both. The time requirements for each code must be met separately and cannot be double-counted.

	RPM	CCM
Objective	Monitoring of specific physiological parameters outside of office visits	Care coordination outside regular office visits
Device and Reading Requirements	Requires use of FDA-defined device with minimum 16 of days of readings per 30 days	None
Diagnosis Requirement	None	Multiple conditions (2+) lasting 12+ months
Ordered by:	Physician or Qualified Health Care Professional (QHCP), who can bill for evaluation and management services	Physician or Qualified Health Care Professional (QHCP)
Clinical Care Team Requirement	Requires minimum of 20 minutes by clinical staff per month	Requires minimum of 20 minutes by clinical staff per month
Monitoring Provided by	QHCP or clinical staff, including nurses and in many cases medical assistants	QHCP or clinical staff under direct supervision of QHCP
Common Use Cases	Used for chronic conditions and acute applications	Only for chronic conditions that place the patient at significant risk of death, acute exacerbation, or functional decline
CPT® Codes	CPT® Codes 99453/99454/99457/99458	CPT® Codes 99490/99491/99439/99437
Practice Wide Requirements	N/A	EHR Implementation 24x7 Access to Practice